Having lost my romanticism my ability to fall in love once more my body and mind went through their daytime nighttime in between time do this do that while my spirit floated . . . and I wondered

not being able to fall

imagine not being able to fall imagine you walk off a cliff and stand there looking back blinking not flying not going anywhere standing there lacking living gravity nonsense really I'm talking about me not being able to fall in love unrelated just like the ability to fall in love is unrelated to being able to love they are all different falling physically falling emotionally and letting go simply loving

spirit tethered to heart spirit floats heart falls pulling spirit along heart is always safe if only it knew

and what is this anchor and this place my boat is searching for

my beat thumping searching for safe harbors places to slow down drift in drop all my weight and hook it on the bottom

floating safely above to finally

rest my head

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