

## Where we live

Some people  
like to say  
what's wrong

with this person  
or that person

And of course,  
we're all  
such easy pickings . . .

Perhaps existence *is*,  
in some way,  
divided  
into what's wrong,  
right,  
and unimportant

between good, bad  
and gray

love, hate  
and indifference,

heaven, hell  
and purgatory

If that sort  
of understanding  
*is* useful

then  
there's a simple measure  
for knowing  
which of these worlds  
we,  
in each of our moments,  
are in

One that  
people  
animals  
plants  
insects

all bits of existence  
which *may or might*  
be sentient

know instantly

Because you know  
and others do too  
when you're being kind  
and when you're not

Kind to another  
fellow creature  
or to yourself  
or to a time  
or a set of circumstances

Thinking,  
reflecting,  
or expressing and acting  
with kindness  
and appreciation  
of what is there  
in front of you  
all around you  
or a part of you

Seeing  
hearing  
feeling  
and understanding

And being thankful

Knowing  
the moment  
and the bits of life  
and existence

sharing the moment  
with you

Simple gift  
for being  
sentient creatures

It's a simple measure  
of who and where you are

Ask yourself

In this moment  
is there kindness  
unkindness  
or simply  
indifference

Being humans  
love is, perhaps,  
beyond us  
a mystery  
beyond our understanding  
...

But kindness we can do  
and recognize  
in ourselves  
and others

Kindness is the  
measure  
of how close we can get  
to the divine

To love and light

Kindness is a measure

The real miracle  
is that we *can*  
be kind  
in our thoughts  
and actions

Can approach love  
with

Kindness  
Our heaven

Unkindness  
Our hell

Indifference and  
ignorance  
Our purgatory

...

And, having will,  
we are blessed

We choose  
in each moment  
where we  
live

Bill Eberle August 21, 2011

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