

sanity and insanity
(a prose poem)

insanity in the context
of sanity
[culture]

sanity in the context
of insanity
[self]

reality is not
insane
it just is

reality
in the absence of attitude
is not insane

attitude, reactions
to reality
often are insane
or perhaps more simply
hilarious

or tragic
depending
on the circumstances
and unfolding realities

not always your choice
but you can learn
how to swap

your point of view
for sanity

Bill Eberle 2003, 2012

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